

A photograph of a woman with long, wavy brown hair smiling warmly as she holds a baby. The baby is laughing joyfully. The scene is set outdoors with a bright, blurred background. A semi-transparent green gradient is applied to the bottom half of the image, where the text is overlaid.

**Your Family Resource
Centre is here for you.**

If you need our support to smoke
less, quit smoking or stay smoke-free
call _____ or drop by

