



# Newfoundland and Labrador Smokers' Helpline

The Helpline Referral is integrated within the provincial EMR.

For easy access, follow these steps:

## STEP 1

### Navigate to the 'Templates Library'

The 'Templates Library' can be found in the upper right corner of the main dashboard view.

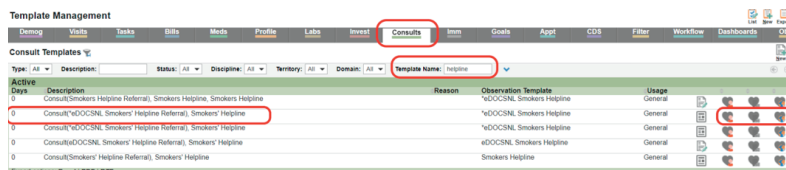


If you are unable to see the 'Template Library', please reach out to EDocsNL for assistance to set this up.

## STEP 2

### Navigate to the 'Consults' Tab

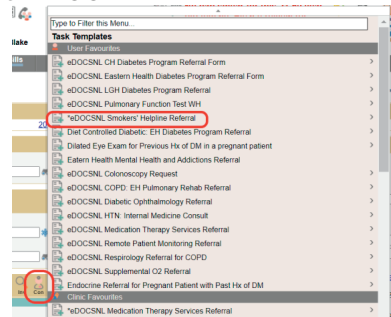
Search for "helpline". Users may 'Favorite' the task using one of the heart icons on the right-hand side. ('Favourite' for entire clinic or user group).



When in a visit with a patient, there are several options:

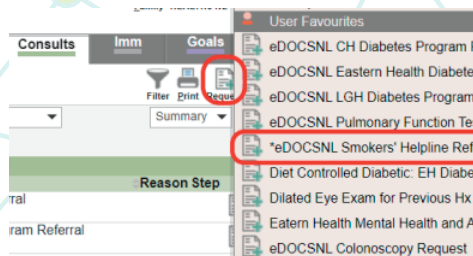
### Hover over the 'Consult' icon

Users may hover over the 'Consult' icon in a visit with a patient, and if the Smokers' Helpline referral is listed as a 'Favourite' in your EMR then it will appear in this list.



### Navigate to the 'Consults' tab

Navigate to the 'Consults' tab in the patients' chart and right-click on the 'Request' icon. Select the Smokers' Helpline referral from there.



### COPD- or Diabetes-Vist Template

Users may access this task by opening the 'Review of Smoking Status' section.



## Help Make the Connection

- Clinical Practice Guidelines for Tobacco Cessation recommend that healthcare providers refer individuals who smoke or vape to effective smoking cessation services, including quitlines.
- When a referral is submitted, a trained Quit Coach will contact the individual within 3 days to discuss the programs available and offer support with quitting smoking or vaping.
- The Helpline provides smoking cessation support through Over-the-Phone, Online, Emails and Text Messages.
- Programs are based on research and best practices, and have been proven to be effective in helping people quit.
- All support is tailored to the individual and their current stage of the quitting process. There is no pressure to quit right away.
- Some of the common topics discussed include: advice on nicotine replacement therapy and smoking cessation medications; withdrawal symptoms; and managing cravings and trigger situations.
- Clients are much more likely to connect with the quitline when there is a direct referral compared to simply providing a pamphlet.

For assistance with EMR contact:  
[info@edocsnl.ca](mailto:info@edocsnl.ca)

For more information about programs,  
or to request resources:  
Phone: 1-800-363-5864  
Online: [smokershelp.net](http://smokershelp.net)